



New Hall Curriculum Statement

Personal, Social and Health Education (PSHE)

At New Hall, the ambition for all is **to love to learn for life**. Our values are the **golden threads** of our curriculum. We want our pupils to become:

Critical Thinkers:	Questioning, checking and challenging
Collaborative Learners:	Responding, supporting, building on and joining in
Creative Minds:	Connecting and comparing ideas and exploring possibilities
Caring Individuals:	Thinking, listening, empathising and respecting others

Intent

At New Hall Primary School, we value PSHE as one way to support children's development as human beings. Developing the children as **caring individuals** will enable them to understand and respect who they are, to empower them with a voice and to equip them for the opportunities, responsibilities and experiences of adult life. Our PSHE curriculum gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.

Implementation

To ensure progression we use the spiral curriculum from Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning scheme. The scheme is tailored, where necessary, to meet our children's needs and each lesson has two learning intentions; one specific to relationships and health education and one to develop emotional literacy and social skills.

We encourage and develop positive relationships as individuals and towards others during lessons, assemblies, collaborative discussions and P4C. PSHE enables us to develop our pupils spiritually, morally, socially and culturally, while also embedding children to become **critical** and **creative** thinkers. We also include the statutory Relationships and Health Education within our whole-school PSHE Programme.

Impact

Through the effective, spiral PSHE curriculum, children will be aware of their own dreams and goals and how these may differ to others around the globe. The children will build on prior knowledge each year and will show an awareness on how to keep themselves happy and healthy, and understand how their lifestyle choices directly affects their body and mental health.

Through their weekly 'Calm Me' time, the children will have developed effective mindfulness and calming strategies to help regulate their feelings and emotions. PSHE lessons, discussions and assemblies will have taught the children to have respect for themselves, others and the environment. **Collaborative** learning allows the children to appreciate difference and diversity. Furthermore, the children will be aware of and understand the physical aspects involved in RSE at an age appropriate level